

Important People and Terms in Angel Reiki:



Dr. Usui-Founder of Reiki!

Reiki: (Rei=Universal/refers to the higher dimension of light and soul. Ki=means 'Life Force' that connects everyone and everything.) Reiki is a connection with the ever flowing light energy of the Universe. Much more will be gained through your actual experience as you move through life than could ever be written or described.

Dr. Mikao Usui: Founder of Reiki and the Reiki Lineage/Usui System.

Chujiro Hayashi: One of Dr. Usui's disciples who was chosen to build the Reiki Clinic in Kyoto where people could come and get treatment and learn about Reiki. It was here that Mrs. Hawayo Takata came and learned Reiki herself.

Mrs. Hawayo Takata of Hawaii: Chosen by Dr. Hayashi as the next Reiki Master. She initiated 22 Masters to carry on the Reiki lineage before her death in 1980.

ArchAngel Raphael: ArchAngel of Healing. He works with Healers and healing energy, both physical and emotional. He also helps travelers and opening clairvoyance. His color is Emerald Green and he assists all who call on him.

ArchAngel Haniel: Female Counterpart/ArchAngel of Healing to Raphael. She works with women and the moon cycles. She helps women with any female-related physical ailments, fertility and emotional ups and downs. She works with Raphael to help you feel balanced and in harmony with your physical and emotional body.

Violent Flame: Known as the "Divine Flame of Love," it transmutes the cosmic and earthly effects of negative energy and lower vibrations. It can be used in tandem with working with the ArchAngels.

Mantra: A phrase or group of words that is intended to evoke a specific energy through sound.

In Angel Reiki, we use "Angel Mantras" which are sentences/phrases channeled from the ArchAngels and are to be spoken aloud along with mudras (see below) to

amplify the energy of your session and imbue the space with the loving, gentle vibration of the Angels.

Mudra: A specific physical movement/symbolic gesture usually but not always using the hands and fingers intended to amplify a mantra or spiritual energy. In Angel Reiki, you will learn the ArchAngel Raphael mudra for Healing.

ChoKu Rei (pronounced "cho koo ray")=The First Reiki Symbol. It means, "Put the Power here" or "The God/Goddess is here." It is used to increase power and as a command. It begins and ends every Reiki session and can also be used for protection, clearing negative energy and energizing a space as well as food!