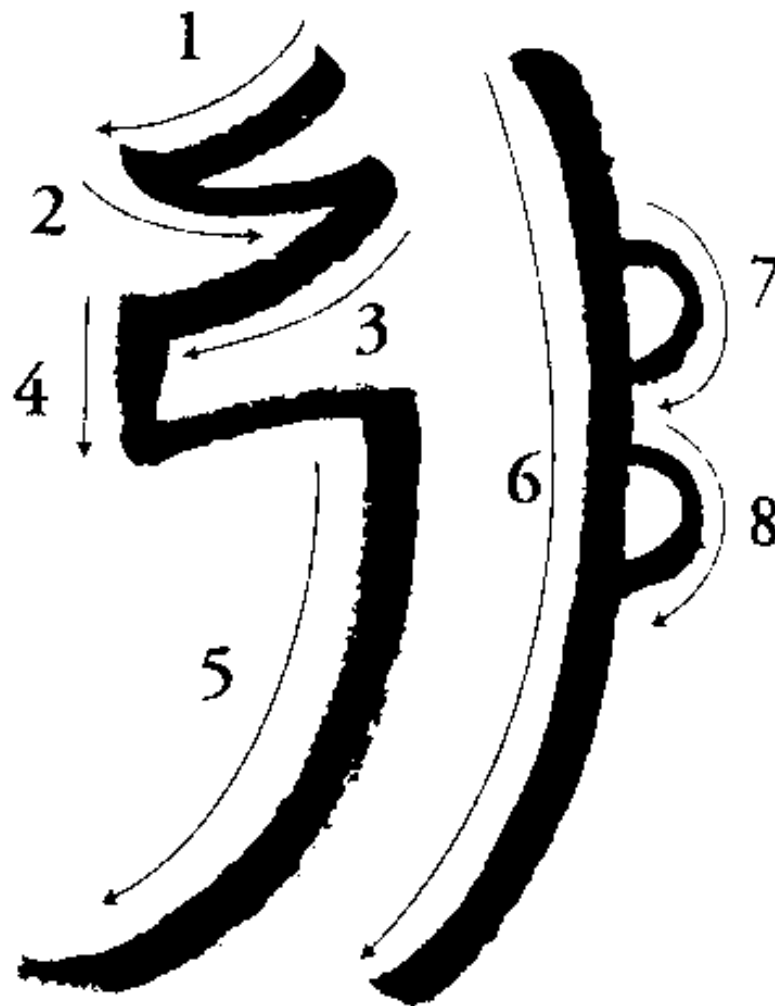


ARR Week 2: Draw the following sacred symbol 20 times for practice. ☺
Symbol #2: **Sei-He-Ki** (Emotional Healing + Releasing Spirit Attachments in the Emotional Body)

When to use it:

After the Cho-Ku-Rei above the Client's Third Eye. Draw once and say 3 times using the name of the symbol and client's first name. Ex: "Sei-He-Ki Rocky, Sei-He-Ki Rocky, Sei-He-Ki Rocky." Also use as guided throughout a session to help facilitate/complete an emotional release.



Sei-He-Kei